



# HEALTH & SAFETY PRACTICES

At Iowa Ortho, the health and safety of our patients and employees is our number one priority. With that priority in mind, the following procedures have been implemented at our clinics and surgery center:

- **Do NOT come to our clinics or surgery center if you are experiencing symptoms of COVID-19.** No one should come to their appointment or work if they are beginning to experience any of the following symptoms:
  - **Fever (temperature  $\geq 37.8^{\circ}\text{C}$  or  $100.4^{\circ}\text{F}$ )**
  - **Chills**
  - **Shortness of breath**
  - **Cough**
  - **Muscle pain**
  - **Difficulty breathing**
  - **Sore throat**
  - **Headache**
  - **Loss of taste or smell**
- All patients, visitors, and staff should follow the current guidance from the CDC regarding quarantine and isolation.
- All patients, visitors, and staff will be required to have their temperature taken upon check-in at our facilities.
- Applicable face coverings (cloth covering, disposable or cloth mask, face shield) will be encouraged to be worn by all building occupants.
- Hand sanitizing stations will be available in the lobby of each clinic as well as in exam rooms.
- Telehealth services will continue to be an option for patients that wish to receive high-quality orthopedic care from the comfort of their home.

## Social Distancing

Social distancing is an important tool in reducing COVID-19 droplet transmission. In order to increase social distancing, Iowa Ortho will:

- Reduce the number of clinic visitors through the following:
  - Adult patients will be asked to come to their appointment alone.
  - Patients who are minors may be accompanied to their appointment by one caregiver.
  - Patients who are unable to walk, and/or are in need of wheelchair assistance, may be

accompanied to their appointment by one caregiver.

- Patient drivers must remain outside of our facilities during the patient's appointment.
- Work comp patients are allowed to have a Case Manager attend if appropriate.
- Limit waiting room capacities by removing chairs and maintaining six feet distance between each chair.
- Require six feet of distance between visitors at check-in desks (through use of tape markers).

## COVID-19 Testing

All surgical patients will be required to have a COVID-19 test 24 hours prior to their procedure. Your surgery scheduler will provide detailed instructions for obtaining the test.

## Cleaning & Disinfecting

Iowa Ortho will follow CDC recommended cleaning procedures for:

- High-touch and public areas.
- Surfaces or equipment used by the general public (such as credit card terminals, waiting room chairs, etc.).
- Accessories that could be handled by occupants, as such items will be removed as much as practical (e.g. magazines, pamphlets). Pens will be disinfected after each use.

## Ventilation

Ventilation systems will operate according to CDC considerations for institutes of medical practice. The Iowa Ortho facilities team will:

- Ensure ventilation systems operate properly.
- Review and assess building systems and carefully monitor building system performance.
- Adjust operating parameters to increase fresh air mechanically, as well as increase filtration levels as system age and capabilities allow.